

Pathwork™ in Texas

Working with and Understanding Images

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Man's Basic Misunderstanding about Life:

- Belief life on earth could be 100% pleasure from the memory in spirit of unity, love and God
- The Whole Banana
- Utopia - 100% perfection

The Basic Condition Underlying All Images:

- Because the desire for 100% happiness is impossible on the earth plane – one provokes 100% unhappiness and feels in this way he controls or rules life.
- This provocation is the basic condition underlying all images. The undeveloped being feels in terms of black or white. There is no in-between. If things happen in accordance with his wishes then the world is good and bright. If the tiniest little thing goes wrong or against his will, then the world looks black.
- **The psyche argues:** “Since I cannot avoid unhappiness, I may just as well enjoy it. Furthermore, I want to alleviate the humiliation that the unhappiness is inflicted upon me against my will, as a helpless prey – **I call forth the unhappiness myself** – consequently I am not quite so helpless.” #58
- The result is: **GUILT**

“There is no greater guilt and shame in the human soul than the guilt due to provoking and collecting unhappiness.”

“...the guilt and shame due to provoking unhappiness and collecting miseries is the mother of all guilt and shame...” #58

What is an Image?

Soul Substance:

Images: Soul dents, frozen, stuck, rigid soul substance.

Incarnate: Baby **malleable at first**, Parents, siblings, primary caretakers, culture, world, human condition all can activate your images you incarnated to heal.

An Image is:

- Wrong conclusion about life you already harbor in your soul
- Shock and trauma in relationship to the fact that your parents are not perfect
- A separation from truth, divine law, God, and your real self
- Frozen in time. The rest of you matures but this place remains immature and hidden
- A preconceived idea that you project or transfer onto anything that “sounds like,” “looks like,” “smells like,” “acts like,” “feels like,” etc.
- A holographic defense system:
 - the Borgs from Star Trek
 - very sophisticated
 - tries to prove itself right rather than focusing on the truth
 - emotional reaction that is based on a past event/history and not in the moment
- Contracted, tight, rigid energy
- A generalization about reality and not the true facts
- Slow, ignorant, undeveloped

How to Find an Image:

The symptoms:

- Can not overcome faults, negative patterns and attitudes
- Reoccurring negative experiences and happenings that come to you without doing anything to consciously call them forth
- Cross –current:
 - Conscious desire
 - Unconscious desire
- Fears, avoidance and resistance to specific things and occasions
- **Pride** is the common denominator
- **Not accepting life** for what it is
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How one responds when an Image is formed:

- Image = shock and trauma
- Numbness: body, nerves (fight, flight, collapse), feelings, mind, psychic abilities
- Vigilance, obsessive compulsive behavior, self perpetuating vicious cycle, re-creating childhood hurts, retraumatization
- Defensive behavior
- Generalizations about life made from wrong beliefs
- Automatic reflexes acting against what one wants and is interested in
- Defending something that does not exist – “illusion”

SHAME:

- “...everything connected with these wrong inner images causes acute shame.” #39
- Shame is the typical image reaction. Once shared it is often disempowered and disappears.
- “Shame is built on the mistaken idea of uniqueness of your case, and this causes the whole thought and emotional process to be hidden away. And due to the fact that it remained hidden, this part of your personality could not grow with the rest of your being.” #41

Steps to Dissolving an Image:

- Make **PAIN** a constructive experience. An opportunity. Pain causes inner growth, strength, and freedom.
- **Write down** your viscous cycle. “Put it in writing so that it can not disappear back into your unconscious.”
- **Face the pain** by looking at the effect your image defense has had on people in your life...especially your “love ones” you did not consciously intend to hurt... “guilt for the pain you have inflicted”
- **ISI – Rulership**: “The rulership principle is inherent in every soul, and it needs to be faced, my friends, before you can outgrow your chains. Without recognizing this, you cannot recognize your desire for unhappiness, your provocations in that direction – and it is of great importance that you face and see this in its true light.” #58

Chemistry – Working with the Electro-Magnetic Energy Force Fields:

- Contains every conceivable seed, or possibility of creation. Every attitude or concept about life
- Sets events, patterns, behavior, reactions, states of body and soul into its specific mold
- Laws of attraction – “like attracting like”
- Chemical law like the law of gravity
- Positive force fields: things run smoothly, easy, simple, success, people call this good luck
- Negative force fields: failure, pressure, difficulty, wrong timing, frustration, ego pushes to overcome the obstruction, pain, disappointment, complicated, things not working out, people call this bad luck

Identifying with the Real Self:

- “As long as you identify only with this negative aspect of your ego-self, giving up something that is the primary motivating force of this ego seems like self-annihilation, so that you cannot give up what seems to be intrinsically you. It is therefore necessary to systematically establish identification with your Real Self. Unless you do this, volition to give up what destroys happiness and joy must be lacking.” #201
- Prayer and meditation
- Visualization into the unitive state #210
- Unitive statement or affirmation that carries the imprint of your Real Self
- **Positive reality and new modalities:**
 - If you hate: “I also contain the possibility to love. I want this new state and wish to utilize all my hidden energies and creative forces.” #201
 - Or**
 - Declare inherent possibilities within you: “There are inner powers and energies I wish to mobilize. The same me that is now locked in spit and withholding, contains other more natural and beautiful ways of being. I want to manifest this new state as my own, inherent state.” #201
 - And**
 - **Inner Stillness:** to hear God, God’s will, and God’s voice “...the only way to demagnetize a negative force field is to establish contact with your divine reality, your cosmic eternal self you must become very still and turn into your inner stillness and wait for its manifestation.” #201

The Key:

- **Bearing the Pain that you have inflicted on others and that was inflicted on you.** Both pains become one. They become the same pains.
- Say: “Yes, they have made mistakes. I have made mistakes. They were blind and groping, and so was I. They were in darkness. I was in darkness. This is regrettable, but this is what we are here for. And now I lift my head in the dignity of who I AM. I know the greater power within me will help me feel pain I have given, and pain I have received.” #201
- Forgive yourself as you forgive others and then you will be FREE of your image.
- You break the cycle of karma with another and you allow for Christ consciousness, Unity consciousness, and the Greater consciousness to move through you where the image once blocked this life force.

The Love State:

- “Do not resist evil”, Feel the “pain of your guilt” and the “beauty” of your “Real Self”
- Forgive
- Let Go and Let God
- The above creates a new magnetic force field of **Love.**

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The Path to the Real Self is an unpublished manuscript by Eva Pierrakos